



Par -Troy Patter January 2023



"Love, Loyalty and Friendship – the Bonds of Volunteering"

Shirley Holly, NJSFWC President

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A Message from Our Club Presidents Marilyn Marion and Marilyn Zarzycki

Even though we are in a new year, our club members have been busy completing projects or starting new ones. As the year progresses there will be many opportunities to participate in activities that interest you. Just read about the plans and accomplishments in this month's Patter. Remember "alone we accomplish little, with many we can accomplish a lot." What can you offer to do?

We want to thank all the department chairman for the time they have spent in completing their year-end reports. In compliance of our Club bylaws, "Article VII Community Service Programs and Committees Section 2; states all Community Service Program and Committee Chairmen shall be appointed at the discretion of the President. All chairmen shall submit plans for the current year to the Executive Board for approval and keep the President informed of all activities throughout the year. All Community Service Program and Committee Chairmen shall submit a written report to the state chairmen, where requested, and an annual written report to the CLUB President."

The year-end reports are the history of our club and are the responsibility of each chairman who agreed to take on the chairmanship of the department.

We are hoping that every member has a copy of the CLUBS Bylaws and that you have reviewed them. As always, we are always reachable if you have any questions.

Regards,
The Marilyns



Civic Engagement and Outreach: Susan Byrne

Please help support our community by donating to the Parsippany Emergency Food Pantry. Any non-perishable food items are welcome. For a complete list of items needed, go to <https://www.parsippany.net/166/Food-Pantry>. Remember to let Ann Claassen know about your food donations (pounds) and let me know about any cash donations. Food donations can be brought to our General Meetings or you can bring them directly to the Parsippany Emergency Food Pantry located at the Parsippany Community Center (1130 Knoll Road Lake Hiawatha, NJ). They are open Monday through Friday 9am to 5pm. Please remember no glass containers.

The Support Our Troops Troopons program enhances the well-being of overseas and domestic military families by sending them food, non-food, baby and pet manufacturer coupons to make their hard-earned dollars go farther.

The next mailing of coupons will be in early March. Only manufacturer coupons dated December 20 or later will be collected. Please sort your clipped coupons into food, non-food, baby and pet for our active military both here and abroad.

2023

First VP's Ways and Means: Lois Preis White and Mary Ann Coyne

Mangia! We have a Dine to Donate set up for Annabella's Pizza and Restaurant which is located at 329 Smith Road, Parsippany, NJ. The dates for this event are Wednesday, February 1 and Thursday, February 2, 11 am – 10 pm. A Flyer will be emailed to you shortly; you must present the flyer when you dine-in or take-out.

Cash for Causes continues to be a very successful way for the Club to generate funds. Take advantage of this premium opportunity to help our Club by purchasing gift cards to Shop Rite and Stop n Shop.

2023

Tricky Tray 2023: Marilyn Zarzycki and Cathy Haney

This year's Tricky Tray will be on Tuesday, July 11 at the Parsippany PAL building. We are excited to reprise last year's successful event on a modified scale. We'll share more details with you at our January general meeting, and we'll be asking for your help. "If everyone does something, no one has to do everything."

Federation Secretary: Joan Garbarino

Happy New Year all! I can't believe 2023 is underway. By the time you read this the Highlands District January Council meeting will have come and gone. I hope those who called in enjoyed the meeting and all the information provided!

The NJSFWC 2023 Convention will be held in Atlantic City at the Hard Rock Café from May 1 through May 3. More information will be sent out in February when we receive the "call to convention" which will provide information on hotel reservations and rates, registration fees, workshops, meal choices, etc. In the meantime, you can sign up as a "Friend of Convention" for \$5 and your name will be listed as a patron in the Convention Program Book. You can do this whether you plan on going to Convention or not, please bring your \$5 to the General Meeting on January 23. If you would like to order a red Highlands District t-shirt, I will have the form at the General Meeting also. These cost \$10. If paying by check for either Friends of Convention and/or the t-shirt, please make it payable to WCPH (a separate check for each if doing both would be appreciated.)

I have forms to join the 1894 Society that I can get to you, or I can also email you a copy of the form if you prefer. Remember the money raised here goes to help pay the rent for the Headquarters Building in New Brunswick.

2023

Education and Library: Betty Lagitch

December is a slow month for Education & Library activities. January begins our very active year. I look forward to your participation in February for Dr. Seuss and Reading Across America week.

Wishing you a very Healthy and Happy New Year.

2023

Adopt a Class: Lorraine Stiensburger & Marilyn Zarzycki

A big thank you to everyone who helped make the holidays brighter for the children attending the Morris County Head Start Program in Parsippany. We donated 81 pairs of pajamas to the children in all their 6 classrooms.

Treasurer: Susan Byrne

Did you know it is illegal for the funds solicited for a charitable purpose to be used for operating expenses? The publicity for the fundraiser must clearly state the purpose. However, a small percentage can be deducted from external fundraising events for administration purposes (typically 10%). For example, the money raised from the Tricky Tray last year was advertised for Education and Scholarships. All the proceeds from the event went to the Scholarship account for future donations. It would be illegal to use any of these funds for operating expenses. We did not take any of the proceeds for administration purposes.

2023

Special State Project: Emmanuel Cancer Foundation: Lee Maddocks

You all know I cannot sit still without knitting needles in my hands. So when asked, the ECF said they would love to have chemo caps for the children. Currently there are 28 caps to be made. If anyone would like to help me make the caps (they can be knit or crochet), let me know. I have yarn and patterns which are not difficult. I only knit and can help if you have problems. If we get a few volunteers, we could have a knitting get together.

2023

Advocate for Children: Marilyn Zarzycki

Project Linus: Handmade, washable, child friendly colored blankets are given to seriously ill and traumatized children. Blankets of all sizes are accepted, knitted, crocheted, quilted comforters or tied fleece. At this time blankets 36 x 36 are needed for preemies and infants, however, anything you would like to make would be greatly appreciated. Please call me for additional size measurements.

Ronald McDonald House: Save your aluminum tabs we are continuing to collect them to donate to the Ronald McDonald House in New Jersey.

St. Jude Research Hospital: Recycle the front of your used cards to donate to St. Jude's Hospital. Hallmark, American Greeting and Disney cards cannot be accepted because of copyright laws. Also, new cards with or without envelopes can be donated. Supporting this program will help abused and neglected children and youth.

Programs: Lois Preis White

HAPPY NEW YEAR!! It is hard to believe that 2022 is over! At our General Club Meeting on January 23, 2023, at 7 p.m. our speaker will be Evelyn Minolfo, a registered dietician. If you shop in ShopRite, you may have met Evelyn, she is one of the Nutrition Experts at the Parsippany store. We are planning for her to begin her talk at 7 p.m. so please arrive a few minutes earlier to get your snack and be seated. I am sure Evelyn will have some very interesting things to say.

2023

Environment: Janet Reilly

What does "Single Stream" recycling mean? Essentially, it means you have no excuse not to recycle, because as long as you can get it in the bin, be it newspaper, catalogs, beer cans, OJ cartons, aluminum foil and out to the curb, everything will be sorted mechanically at the recycling facility. But the tradeoff for this is that mechanized mass sorting tends to yield less recycled material. In Parsippany we separate the paper from the rest and cardboard is picked up on a specific day.

2023

Literature: Janet Reilly

Our February meeting is scheduled for February 7, 2023 at Marilyn Marion's home. Please let her know if you will be there.

Just a side note - We may think we are only reading for pleasure and escapism, but as we're transported into the fictional lives of characters, we strengthen our ability to build social connections in real life too.

2023

Communication: Joan Garabino

As we start the new year, I would like to remind everyone that I need your help to spread the word about our club to the local community. It would be great if you can send me an email with pertinent facts about your project and some pictures if you have them so I can put together a press release and/or social media post. I wish I could be at every event but that's just not possible, so please keep me in mind next time you get together. Thank you for your help!

**Special State Project – Emmanuel Cancer Foundation:
Cathy Haney**

As you saw from the pictures in the last Patter, we filled six “Guardian Angel” bags for teenage girls who have to go to the hospital as an inpatient. Each bag was a cotton drawstring tote bag containing a “Squishmallow” stuffed animal, an adult coloring book and colored pencils, a Word Search paperback, a pair of socks, and a small zippered case with a cute pen, pencils, small notebook, lip balm, hand cream and mirror. The bags were given to an ECF staff member at their Holiday Party.

ECF’s Holiday Party for the pediatric cancer patients and their families was held at a VFW Hall in Kenilworth on Sunday, December 11. Three Club members and one prospective member helped at a crafts table where children could make greeting cards. In advance, Esther and Bernadette C prepared folded card stock, and Esther provided “embellishments.” Other members donated stickers, markers and envelopes. It was a pleasure to be part of a very enjoyable experience for all who attended.

2023

Historian Scrapbook: Janice Carrubba and Esther Rucci

Yay! Our 2022 scrapbook is complete and will make its debut at our January 23rd general meeting. Don't forget to stop by the membership table and check it out. It's a New Year to start collecting items--photos, pamphlets, name cards, news articles, etc. for our 2023 scrapbook. You can either get in touch with me to pick items up or bring them to our general meetings. Our first scrapbook cropping will be sometime in March. More info about it in February.

2023

Arts and Culture: Ivy Ertle

Hope everyone had a good holiday season. For the first event of the new year we are going to do an International Luncheon on January 31 at 12:39 at Spice Route Melange locate at 353 Smith Road (in the Annabella’s shopping Center). Please let Ivy know if you will be joining us for this Thai/Asian Fusion experience by January 24th. Future events will include Color Me Mine, Mexican Dinner and a play at the Barn Theater and dinner. If you have any suggestions for other events, feel free to let me know - text me at 917-364-1607. Please identify who you are as i do not have everyone's numbers programmed into my phone. Thank you.

**Membership: 2nd Vice Presidents, Janice Carrubba &
Ginny Scala**

Happy New Year to everyone! This is the beginning of a New Year, so let's get involved in some way. Many of us, myself included, listen at our meetings to reports from the different committees and don't really know what falls into each, and what each committee is responsible for. Maybe if we knew more about them, we would be more apt to participate. On Wednesday, February 15th membership is hosting a get together (sort of like a job fair) for all of us to learn more about each committee. The more we know the more likely we will be to get involved in different areas. This is open to our new and all present members, you will learn something. Mark your calendar for 7 pm to have some of your questions answered.

2023

JBWS: Terry Gerber and Teri Wohld

Happy New Year Everyone! After our November meeting, I delivered 2 large boxes of diapers and all of the items that you have generously donated. There were even some cookies that I packaged up on small trays for them. They were thrilled! At the time I delivered it, I was taken on a tour of the distribution area. Very well organized. Counselors shop with the residents through the different areas to “purchase” necessary items. Hopefully we can continue our donations. If anyone is interested in helping to show the residents how to make chocolate treats for Valentine’s Day, please let Terry Gerber or Teri Wohld know. No date has been set at this time. More information to follow.

2023

**HAPPY
BIRTHDAY**

Ann Claassen	February 21
Betsy Lowry	February 28

DECEMBER EVENTS



Cathy, Bernadette, Ronnie, Emanuel Cancer rep and Santa at the Emmanuel Cancer Foundation's Holiday Party



Joan, Betty and Marilyn at the Operation Jersey Cares Event

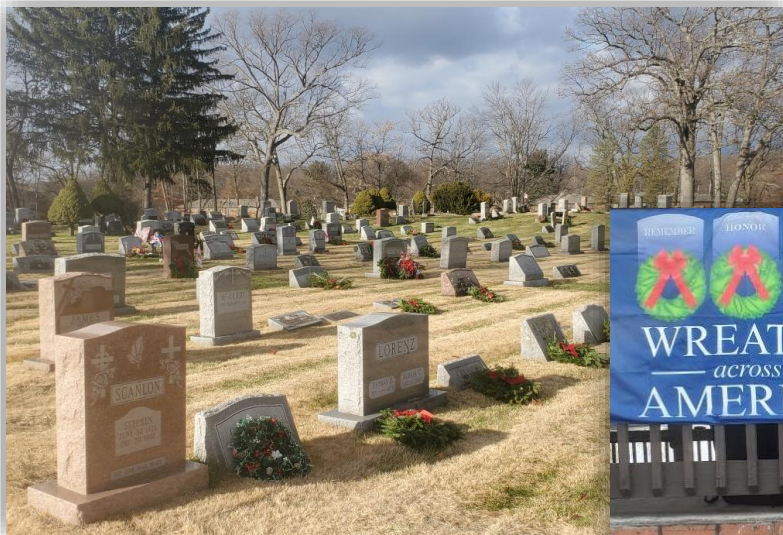


Esther, Janice, Susan, Betty, Marilyn, Janet, Joan and Marilyn at the Holiday Party @NJFSWC Headquarters 11/30/22

DECEMBER EVENTS



ECF's Holiday Party December 11 - 3 Club members and one prospective member helped at a crafts table where children made greeting cards



Lois, Susan and Marilyn at the Wreaths Across America Ceremony at the Denville Cemetery, Dec. 18, 2022



HAPPY HOLIDAYS

2022



HOLIDAY DINNER 12/6/2022

CASA BELLA, DENVER

