



June 2023 Summer Par-Troy Patter

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www.parsippanywomansclub.org

Love, Loyalty and Friendship –the Bonds of Volunteering Shirley Holly, NJSFWC President

A message from Our Club Presidents: Marilyn Marion & Marilyn Zarzycki

This past year certainly went by fast. And still going strong, we have a very busy time ahead. The Salad Supper was wonderful thanks to Jennifer for coordinating it and to all the members who supplied the wonderful food and drinks. Our members are the best. It was so nice to see all the scholarship participants and their parents who wanted to join us.

At the Highlands Spring Conference on June 14th, we heard about the Middle Atlantic Region Conference being held on September 29th through October 1st which will be held at the Showboat in Atlantic City. This conference combines Federation members from New Jersey, Pennsylvania, Delaware, and New York. If anyone is interested, please check out the information on NJSFWC.org website. Other Federation announcements includes, State Fall Conference it will be held on October 23rd at Battleground Country Club, we will be hearing more in September from Joan our Federation Secretary.

Mark your calendar now. Our DVP, Lynn Webb noted she uses the information in our newsletter to write her almanac articles, so be sure to get your department information in on time. September 30th is the GFWC Day of Service.

At the Full Board meeting the board voted to have a Summer Social choosing the date of August 13th. The request to the Town has been sent in and we are hoping that date is available. It will be held at the Knoll Park Shelter (across from the Knoll Community Center). Emails will be sent by Jennifer Biondo who will be coordinating this social. This will include husbands and/or significant others, mark your calendars.

Our club once again will be hosting the September 13th Highlands Fall Council. Information will be emailed to all.

The Parsippany Town Fall Festival is September 17th. An email will be sent out after the Tricky Tray asking for members to be on the Fall Festival Committee. Start thinking of ideas for our participation.

It is very important that you monitor your emails for all club information. If you receive an email that you need more information on, please contact one of the co-presidents. Also remember the president is an ex-officio member of all committees (By-law Section 3 article a.). Please keep us informed. Yes, we have a busy time ahead. We hope to see you all at Tricky Tray on July 11th.

Thanks,

The Marilyn's

Civic Engagement and Outreach: Susan Byrne

Heifer International

We purchased 1 sheep, 2 baskets of hope (rabbits and a starter flock of chickens) and honeybees. Heifer International will provide families with these animals along with the training and resources they need to break free from hunger and poverty. Thank you again for your generous support!

Coupons

Please continue to clip coupons through the summer. They are used to enhance the well-being of overseas and domestic military families by sending them manufacturer coupons to make their hard-earned dollars go farther. The next mailing of coupons will be in September. Only manufacturer's coupons dated June 30th or later will be collected. Please remember to sort your clipped coupons into food, non-food, baby and pet.

Food Pantry

Please help support our community by donating to the Parsippany Emergency Food Pantry. Any non-perishable food items are welcome. For a complete list of items needed, go to <https://www.parsippany.net/166/Food-Pantry>. Remember to let Ann Claassen know about your food donations (pounds) and let me know about any cash donations. Food donations can be brought to our General Meetings or you can bring them directly to the Parsippany Emergency Food Pantry located at the Parsippany Community Center (1130 Knoll Road Lake Hiawatha, NJ). They are open Monday through Friday 9am to 5pm. Please remember no glass containers.

Historian Scrapbook: Janice Carrubba & Esther Rucci

NO EXPERIENCE AND NO SUPPLIES NEEDED.

We will be having our first evening scrapbook cropping on **August 23rd** so please save the date. It will be held at Parsippany Troy-Hills Police Station community room, 3339 Route 46 East, Parsippany, NJ from 7pm to 9pm. Remember no experience needed and you can choose a partner to work with to do a page or two. I will be sending another reminder a week or two before the cropping. If anyone has any items for the scrapbook please get in touch with me so I can make arrangements to pick them up. The members that attended our last scrapping event was Cathy Haney, Betty Lagitch, Kathy Schroeder, Esther Rucci and Janice Carrubba. Thank you ladies for all your help.

Tricky Tray: Marilyn Zarzycki and Cathy Haney

We're excited about our **Tricky Tray on July 11, 2023 @ 5 PM**, at the Parsippany PAL building. Reservations are sold out! Please give Ginny Scala any prizes you're donating as soon as possible.



Federation Secretary: Joan Garbarino

With the club year winding down for the summer stay up to date on what's going on in the Federation by reading the eConnection published each Wednesday. Not signed up yet, just go to the NJSFWC website at, sign up for the NJSFWC (New Jersey State Federation of Women's Clubs) by going to the NJSFWC.org. At the bottom left hand corner, you will see the information to sign up and find out the latest news in the Federation.

Save the dates: you will receive more information about the following as the information becomes available

- The Highlands District September Council is on **September 13, 2023**. This is an evening meeting that our club will be hosting at the R&R Building.
- The Mid-Atlantic Region (MAR) conference will be held in Atlantic City at the Showboat from September 29 – October.
- The State Fall Conference will be held on **October 23, 2023** at The Battleground Country Club.

Domestic Violence: Terry Gerber, Teri Wohld, Ronnie Fagan

It has been a very busy year so far. Thank you all for your help in all aspects.

JBWS is all set for the summer camp for children. Thank you all for your donations of beach towels, sunscreen, sun glasses, goggles, hair ties, etc. Wishing them a fun filled summer! If anyone would like to volunteer to retrieve phone messages for donations (in the comfort of your own home) please reach out to me. Right now, there isn't an urgent need, but come the fall with holiday donations, I understand it will be all hands on deck. The more people to get the messages, the easier it might be in the long run.

Holiday Stockings will be distributed in August, so be on the lookout for my email as to when and where to get your stockings to fill for the troops. Right now, we can stock up on the items that will be needed to fill these stockings. I sent an e-mail to all with a list. If you didn't receive it, please let me know.



Special State Project – Emmanuel Cancer Foundation: Cathy Haney

Our Bunco evening on June 9TH was a lot of fun. Nineteen WCPH members participated, along with women from the Denville Rockaway club. Proceeds were split between the two clubs, with each club using the money for ECF.

The collection of lunch bags and related items for children undergoing chemo treatments was very successful thanks to your generosity. With all the items you donated plus water bottles purchased with some of the Bunco proceeds, we were able to give approximately \$314 worth of the requested items to the Highlands District drive for ECF.

Membership 2nd VP's: Janice Carrubba & Ginny Scala

At our Salad Supper on June 12th we installed Linda Laidlaw as a new member into our Club. Welcome Linda, we are happy to have you and look forward to working with you in all areas of our Club. What a lovely evening it was. We actually got to meet the wonderful students we worked so hard to raise money for their scholarships. Hats off to all of them as they pursue their studies. Just a reminder, if you have not done so already, please send any change of address, phone number, etc. for our new Yearbook to Janice or Ginny asap. Thank you. As we take a break for the summer let's hope starting in September we get off to a good start for Membership. Enjoy your summer with family and friends. See you all in September! 🎵

Arts & Culture: Ivy Ertle

The last International Dinner for the club year will be held on **June 29th at Las Leyendas** in Morris Plains at 6:30 pm. Las Leyendas is located at 1767 NJ Route 10 in Morris Plains. If you want to join us for a Mexican fiesta please let Ivy know by June 19th. Call or text 917-364-1607. Please leave your name in the message.



Education: Betty Lagitch & Marianne Burke

The Woman's Club, in its ongoing commitment to education, has decided to support a sophomore student from PHHS at the High O'Brian Leadership Conference at Drew University. A PHS student is sponsored by their PTA. Counselors selected Anxhi Caci and he will be attending the 3-day session. The Education Committee is proud of this addition to our efforts to support Parsippany students.

Health & Wellness: Esther Rucci

Hugging is a miracle medicine that can relieve many physical and emotional problems. Hugging can help you live-longer, protect you against illness, cure depression and stress, strengthen the family relationships and even help you sleep without pills. Hugging can lift depression enabling the body's immune system to become turned up.

Hugging breathes fresh life into a tired body and makes you feel younger and more vibrant. Researchers discovered that when a person is touched the amount of hemoglobin (red blood cells) in their blood increases significantly. Hemoglobin is part of the blood that carries vital supplies of oxygen to all organs of the body including the heart and brain. An increase in hemoglobin tones up the whole body helps prevent disease and speeds recovery from illness. Hug your spouse, your children, close friends or relatives, If, you live alone the warm embrace with a friend whenever you meet is just as beneficial. It's a marvelous way to improve the quality of your life.

(Marilyn Marion is still collecting eyeglasses, jewelry & hearing aids for New Eyes for the Needy.)



First VP's – Ways & Means: Lois Preis White & Mary Ann Coyne

Our next Dine-to-Donate event will be on Monday, **July 17th** at the Gourmet Café. As always, no flyer is required and you can enjoy lunch, dinner or purchase gift cards to support your Club.

Reminder, Cash for Causes is going on vacation for the summer. We will start again in September. Thank you to every member who purchased cards this Club year. Since September 2022, the Club has earned \$1,559 from this project.

Our fundraising efforts this Club year included our very successful Fall Sales (David's, Meadow Farms and Kohl's) and Spring Sale (Boon Supply), Cash for Causes (ShopRite and Stop & Shop) and 5 Dine-to-Donate events. Thank you everyone for supporting your Club. Inform Lois or Mary Ann if there is another type of fundraiser you would like to see.

Enjoy your summer and be safe.



Karen Savis- 8th

Kathy Reilly- 12th

Joan Garbarino-23rd

Kathy Roussel-26th

HAPPY BIRTHDAY

Education & Library Chairman: Betty Lagitch

Citizenship Awards

Awards of \$75 are being presented by our members at Central, Brooklawn and All Saints Academy Middle Schools. They are given to one male and female student who displays the special qualities of being a "good citizen". The students are: Vanya Gupta, Aryan Nageet, Sachie Kellar, Ryan Cobeco, Hannah Cruz and Conrad Geraghty.

Reading Awards

Reading Awards are being presented by our members which is a \$50 Barnes & Noble gift card, at our 10 Elementary Schools. The award is given to a student who displays a "love of reading". Recipients are: Laura Malnick, Ira Mishra, Jordan Burke, Ainsley Cook, Hannibal Booker, Eleni Dobias, Lily Montana, Anandanarayan Challa, Reuben Owusu-Ansah and Natalie Oliveira.

I would like to thank all members who volunteered to present these awards. We receive so much satisfaction from our giving to others.

Girls Career Institute

Emma McElroy PHHS and Samantha Tkach PHS are the GCI representatives we sponsor to attend a four-day college experience at Douglass College. It is a fantastic experience for a Junior student. Susan Byrne and I volunteered for a day assisting the 160 girls who attended lectures and workshops. Very rewarding experience!

Garden at Townhall

Flowers were planted at Townhall to beautify the town and also advertise the WCPTH. We want to thank Fred & Matt who assisted us from the Forestry department.

Raffle

If you have not returned your Raffle tickets at the Salad Supper, please return them to me by **June 30th**. You may arrange with me to drop them off at my house or I'll pick them up.



Awards



Janice Carrubba & Ginny Scala
Best All Around Membership



Betty Lagitch
Best All Around Education & Library



Cathy Haney
Best All Around Special State Project

Awards

Carol J. Sas Award



Marilyn Zarzycki & Marilyn Marion

Honor Roll

Susan Byrne



We had a very good turn-out for our annual Salad supper. Parents and student attended.
June 12, 2023



Good morning:

Trust all is well. We follow Woman's Club of Parsippany on Facebook and thank you for your service to our community.

I am pleased to introduce you to Parsippany Lions Club. We are affiliated with Lions Clubs International, which is one of the largest service-based non-profit organizations globally. As Lions, we focus on five causes globally – Childhood Cancer, Diabetes, Environment, Hunger and Vision.

There is a surge and rising trend in either type of Diabetes among the population of varied age groups, right from childhood, youth, and adults.

Parsippany Lions Club in partnership with Parsippany Troy-Hills Library is organizing 'Dance for Diabetes' event in Parsippany on Saturday **June 24, 2023**, between 2 PM and 4 PM. Our panel of experts including an Endocrinologist, certified dieticians, a fitness Expert, and a Naturopathy Practitioner will provide education and awareness to the audience on how to avoid, manage and fight diabetes. This will be followed by 3 Zumba sessions.

The event is free for all. We are proud to state that all the panel members (except one) and Zumba instructors are women. Kindly help us promote the event within your members and social media network.

Online Registration Link:
<https://bit.ly/SupportDanceForDiabetes>

I have attached couple event flyers for your review and support.

Please feel free to reach out on my mobile: 862-579-8822

Best regards,

Pratap Jayakar

President

Parsippany Lions Club

Email: president@parsippanylionsclub.org

Website: www.parsippanylionsclub.org

Facebook: [parsippanylionsclubnj](https://www.facebook.com/parsippanylionsclubnj)

"Come, Be a Lion"

A PARSIPPANY LIONS CLUB INITIATIVE

STEP UP GOOD HEALTH
STEP DOWN DIABETES

ZUMBA YOUR WAY TO A HEALTHIER LIFESTYLE

ENTRY FREE

JOIN US IN THE FIGHT AGAINST DIABETES AND PARTICIPATE IN 'DANCE FOR DIABETES'

BENEFITS OF DANCE THERAPY

- BETTER HEART HEALTH
- BETTER METABOLISM
- IMPROVED BALANCE
- LOWERED STRESS
- MORE ENDURANCE

SAVE THE DATE

SATURDAY JUNE 24, 2023
2 PM TO 4 PM EST
PARSIPPANY TROY-HILLS LIBRARY
449 HALSEY ROAD,
PARSIPPANY, NJ 07054

NEED WE SAY MORE? COME OUT AND SUPPORT!

REGISTER NOW <https://bit.ly/SupportDanceForDiabetes>

EVENT PARTNERS

Parsippany Lions Club NJ

Installation of
our 1st new
member for
the year 2023,
Linda Laidlaw.

(aka, "Cathy"
by Ginny LOL)



Dark horse June winner, Betsy Lowry

Membership

Parsippany Troy Hills Woman's Club New Members in 2022



Top left Chairmen Janice Carrubba, Sandra Neglia, Terry Higgins, Adrienne Satch, Karen Savis. Charimen Ginny Scala

Bottom Left (middle) Kathy Schroeder & Denise Saccomanno. Next, Eillen Healion. Top Right picture, (middle) Diana Craig & Pamela Newman. Far boRight Middle picture Shalina Mehrota. Bottom Right Chris Sinner.



**Annual Highlands District Spring Conference held at the Centenary University in Hackettstown NJ on April 12, 2023.
Achievement Awards**



Esther Rucci Photos



Ginny Scala photos



Joan Garbarino
Dry Flowers

Plus: winners of department awards at the Highland District Spring Conference.

1st place for Communications: Joan Garbarino

3rd place for Education and Libraries: Betty Lagitch

Best All-Around for Domestic Violence Awareness: Terry Gerber

Best All-Around for Environment: Janet Reilly

Best All-Around for Special State Project (Emmanuel Cancer Foundation: Cathy Haney

Membership: Janice Carrubba & Ginny Scala

Historian Scrapbook 3rd place: Janice Carrubba & Esther Rucci

Memorial Day Parade May 29, 2023



Editor: Esther Rucci