



Par - Troy Patter January 2024



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Love, Loyalty and Friendship – the Bonds of Volunteering
Shirley Holly, NJSFWC President

A Message from Our Club Presidents: Marilyn Marion and Marilyn Zarzycki

We wish you all a Happy, Healthy and Prosperous 2024.

Our Club has been busy these first few weeks of the new year. We have had a board meeting, a Highlands District Meeting, a Highlands Day of Service and our Eighth Annual Spelling Bee. Our Department Chairmen have been busy sending their yearly reports. These reports show us how much time and effort is given to our club activities as well as how generous we are.

We are planning our summer fundraiser for Education and Libraries. A committee is working on a luncheon to celebrate our club 70th anniversary on **April 21st**, and we will be organizing a Salad Supper for the Installation of new officers in May. Of course, our department chairs will be planning their groups' activities so read the rest of the Patter and see how you would like to get involved.

Our best,
The Marilyn's



Federation Secretary: Joan Garbarino

Eight of us attended the January District Council on January 10. It was a great day full of an abundance of useful information about upcoming Federation, District, and other Highland District Club events. You've heard me talk and I've written about the 1894 Society. The money raised from this vital Federation project is used to pay for the lease of the land on which our Headquarters Building stands. One of the speakers talked about the lease, which currently runs at about \$21,000 per year and is due to be renegotiated with Rutgers during the next administration. That is why it is important for them to have this project. For those who aren't aware, to build Headquarters each member was asked to either donate a book of Green Stamps or the equivalent in cash (\$2.00). The speaker even had a vintage Green Stamp book to pass around. So please, if you can, please join the 1894 Society.

I would like to remind everyone to sign up for the New Jersey State Federation of Women's Club (NJSFWC) weekly newsletter called the E-Connection. It comes on Wednesday each week and has information on various upcoming events and so much more, just go to <https://njsfwc.org> and click on "NEWS". The left column has information on how to sign up. Please let me know if you need any assistance – I'll be happy to help.

Details about the upcoming NJSFWC Convention in May will be available by mid-February. Think about joining us on **May 6-8** at the Hard Rock Café in Atlantic City. Besides the business meetings and workshops, you can see our own Highlands District President Elect, Barbara McCloskey, installed as the new NJSFWC President for the 2022 – 2024 Administration. Barbara is a member of the Denville/Rockaway club. I will send out more information when available.

A circular graphic with the year 2024 inside.

Communication: Joan Garbarino

When you have a minute, please go check out our club website at <https://parsippanywomansclub.org>. Esther and I have been working with Frank Cahill to learn how to update the website. Suggestions are always welcome! Once we have it updated, we will be looking for other members to help maintain the site.

As the new year starts, please remember to send me pictures from club events for posting on social media. I can also put out a press release if you send me the pertinent information. These are great ways to get the word out about our club and the great things we do!

Day of Service: Joan Garbarino

Many thanks to the members who participated in the NJSFWC Day of Service on MLK Day (January 15, 2024) at the PAL Building. Altogether we had 41 members from eight clubs gather to sort and pack the donations from their clubs. 875 items were donated to benefit the following organizations involved with helping victims of Domestic Abuse: JBWS, Homeless Solutions, DASI and DASAAC. These four agencies which cover Morris, Sussex, and Warren counties provide valuable services to help people get back on their feet. The CEO of JBWS, Diane Williams, came to thank the group for all the donations and work the Federation does throughout the year. I'm very proud to say 17 members of our club attended and were very generous with their donations and their time to help with this worthy cause. I want to say a big "THANK YOU" for all you do and I am very proud to be a member of this very generous group of women.

A circular graphic with the year 2024 inside.

First VP's Ways and Means: Lois Preis White and Mary Ann Coyne

We are inviting you and your family to our next Dine to Donate at Annabella's Restaurant, 329 Smith Road, Parsippany, NJ on Wednesday, **February 7th** and Thursday **February 8th, 11am – 10pm**. You must present the flyer that was sent to you. A portion of the proceeds goes to benefit our Club.

Cash for Causes continues to be a very effective way for the Club to generate funds. Take advantage of this premium opportunity to help our Club by purchasing gift cards for Shop Rite and Stop & Shop.

Our Garage Sale which was scheduled for **May 4th** is being **postponed** because of surgery scheduling and recuperation time. Please continue to save your items.

2nd Vice Co-Presidents Membership: Janice Carrubba and Ginny Scala

Happy New Year to everyone! We are all looking forward to a great year ahead as we celebrate our 70th Anniversary. At our **January 22nd** meeting we will be installing 3 new members. WOW! Let's welcome them and learn more about our newer members as they become part of our club.

Good Job ladies in spreading the word about our club, and also, thanks to Communications for all our online updates. Our name is really getting out there.

Education & Library Committee: Betty Lagitch
Chairman

Our club has donated to and become a patron for the Women of Achievement Award. All proceeds will fund a scholarship for a non-traditional student enrolled at Douglass Residential College.

Our Operations report of the Education & Library Committee has a section for documentation of the "number of books donated." I would like your assistance to actually document how many books our individual members donate to other organizations. Please send to me the number of books and who you donated them to. I know we have many members who love to read and would like to show the NJSFWC how many other people we help to enjoy reading too.

2024

Arts and Culture: Ivy Ertle

I hope everyone had a wonderful holiday season. Our first international meal of the year will be a luncheon at Eli's Eatery. Eli's is a Korean/French fusion of flavors. They are located at 2569 Route 10 in Morris Plains (in the Paradise Total Spa and Nail Salon Plaza). The luncheon will be on Thursday **January 25th at 12:30 pm**. Please let Ivy know if you are going to attend NO later than Monday January 22 at the General Meeting, so a reservation and final count can be given in. Text me at 917-364-1607, please sign your text so I'm sure to know who you are.

As we did for the Fall Conference, we are asking members to save laundry detergent caps for a future craft. Please bring your caps to Joan, as she will be collecting them ongoing. Thank you.

Upcoming events: An international dinner in March to celebrate St. Patrick's Day; a "No Sew Blankets" workshop; and a "Color Me Mine" ceramic night.

Information about Achievement Day (**April 10**) submissions will also be available in the coming months. Keep your eyes open for further information.

2024

Programs: Lois Preis White

Great News!!! We have programs scheduled for February and March.

Please join us for a presentation on Brain Health:

Program: *Alzheimer's Disease Prevention Women*

When: Wednesday, **February 21, 2024, 7 p.m.**

Where: Parsippany Library Main Branch, Halsey Road

Please note that we are partnering with the Library for this presentation. Therefore, you need to sign up at the library's website if you plan to attend. Use this URL to sign up:

<https://parsippanylibrary.assabetinteractive.com/calendar/adult-alzheimers-prevention-in-women/>

Now, for our March program. We will be making those famous No-Sew Blankets for Project Linus that Marilyn Zarzycki has been so anxious about. When we get closer to the date you will be provided with additional details. For now, the date is **Monday, March 18, 2024**, from 6:30 to 8:45 p.m. at the Parsippany Library Main Branch (no need to sign up as this is our Club's event.)

2024

Spelling Bee: Mary Ann Coyne, Chairperson

Our Spelling Bee was held on Friday, January 12th, 2024 at the PHHS auditorium. The contestants were so happy and excited to be there along with their parents, family and Club members. There were 25 rounds and the winning word was narrate.

First Place Aaria Nair, Mt. Tabor School; Second Place Riya Nair, Northvail School; Third Place Utkarsh Agarwal, Northvail School.

We wish them good luck as they go on to the District Bee which will be held on Saturday, **February 24th** at the Assembly of God Church at 113 East Main Street in Rockaway (Borough) NJ.

Civic Engagement and Outreach: Susan Byrne

Food Pantry – Please help support our community by donating to the Parsippany Emergency Food Pantry. Any non-perishable food items are welcome. For a complete list of needed items, go to:

<https://www.parsippany.net/166/Food-Pantry>

Food donations can be brought to our General Meetings; please be sure to include the value of the donated items for reporting purposes. One of our club members will take the items from the general meeting to the food pantry.

Coupons – Please continue to clip coupons! They are used to enhance the well-being of overseas and domestic military families by sending them manufacturer coupons to make their hard-earned dollars go farther. The next mailing of coupons will be at the end of November. Only manufacturer's coupons dated January 1st or later will be collected. Please remember to sort your clipped coupons into food, non-food, baby, and pet.

Historian Scrapbook: Janice Carrubba and Esther Rucci

We're hoping to have the 2023 Scrapbook finished in time to bring to our meeting on January 22 for all to see. Our last cropping in December was a huge success. Thanks to Ginny, Susan, Betty, Cathy Haney, Marilyn M., Diana Craig and Jalini Mehta (a prospective member to be installed in February), we were able to complete twelve pages. A big thank you also to Ivy for creating a beautiful cover for the scrapbook. All your help is appreciated.

Literature: Janet Reilly

The current book we are reading is *The Nightingale* by Kristin Hannah. Our next meeting will be held at Marilyn Marion's home on Tuesday, **February 6th** at 1:00 PM. Please let her know if you will be attending.

Health and Wellness: Marilyn Marion & Esther Rucci

Marilyn is still collecting used eyeglasses, hearing aids and jewelry if anyone has anything to contribute.

Esther has provided an article on Alzheimer's Disease for those who can't attend the *Alzheimer's Prevention in Women* presentation at the Library on **February 21st**.

Special State Project: Emmanuel Cancer Foundation: Cathy Haney

Special toiletries were collected for ECF at the Highlands District meeting on January 10. Our Club donated \$200 worth of items such as paraben-free shampoo and conditioner, and donations from a couple of members brought the total value of the donations to \$258.

At the Highlands District Martin Luther King Jr's Day of Service on January 15, volunteers had the opportunity to write messages in greeting cards that will be given to the parents of the pediatric cancer patients. Fifty cards were completed with encouraging thoughts.

2024

Advocate for Children: Marilyn Zarzycki

Project Linus - Hand made, washable, child friendly color blankets are given to seriously ill and traumatized children. Blankets of all sizes are accepted, knitted, crochet, quilted comforters or tied fleece. At this time blankets 36 x 36 are needed for preemies and infants. However, anything you would like to make would be greatly appreciated. Please call me for additional size measurements.

Ronald McDonald House - Save your aluminum tabs we are continuing to collect them to be donated to the Ronald McDonald House in New Jersey.

St. Jude Ranch - Recycle the front of your used cards to be donated to St. Jude's Hospital. Hallmark, American Greeting and Disney cannot be accepted because of copyright laws. Also, new cards with or without envelopes can be donated. Supporting this program will help abused and neglected children and youth.



WCPTH JANUARY EVENTS

HIGHLAND DISTRICT COUNCIL MEETING – JANUARY 10TH



Attending from WCPTH were Lois Preis-White, Marilyn Marion, Joan Garbarino, Mary Ann Coyne, Betty Lagitch, Susan Byrne, Ginny Scala and Cathy Haney



(L to R) Barbara McCloskey and Lynn Webb

MARTIN LUTHER KING DAY DAY OF SERVICE – JANUARY 15, 2024



41 members from eight clubs gather to sort and pack the donations from their clubs.

Helping victims of Domestic Abuse:

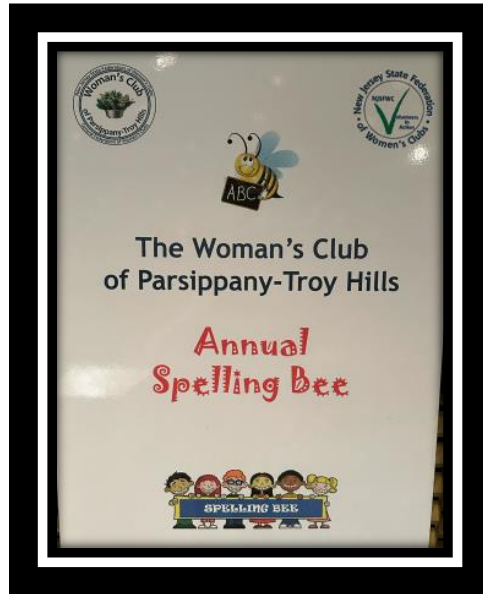
***JBWS, Homeless Solutions,
DASI and DASAAC***



17 members of our club attended and were very generous with their donations and their time

EIGHTH ANNUAL SPELLING BEE, JANUARY 12TH

The WCPTH hosted its Eighth Annual Spelling Bee at the Parsippany Hills High School auditorium on Friday, January 12. Twenty-five fifth-grade students, representing all ten Parsippany Elementary Schools, participated in this exciting Spelling Bee event.



(L to R) Aaria Nair from Mt. Tabor Elementary School secured First Place; Riya Patel from Northvail Elementary School took Second Place; and Vtkarsh Agajwal from Northvail Elementary School won Third Place



Mary Ann Coyne, a WCPTH club member and chairperson of the Eighth Annual Spelling Bee, served as the Moderator, while Marianne Burke, another club member, was the Pronouncer.