



Par - Troy Patter January 2025



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"Together in Service; United in Friendship"
Barbara McCloskey, NJSFWC President

A Message from Our Club President Cathy Haney

Happy 2025! We have been off to a great start with a trip to the Columbia Winery for the January Highlands District Council, a marathon spelling bee for the town's fifth graders, a yummy international lunch at La Plancha and chair yoga at the Library. And it's only the middle of January!

You have been generous, as always, in donating to the collection of items for teens for the Martin Luther King Day of Service. Thank you to Karen Landrigan for stepping up to chair this project.

If you want to be on the planning committee for our big annual fundraiser for Education, please come to the meeting on **January 23 at 7 PM** at the Police Station Community Room. We need your ideas and help.

Cathy H



Civic Engagement and Outreach: Susan Byrne

Coupons – Please continue to clip coupons to support our troops overseas. They are used to enhance the well-being of overseas and domestic military families by sending them manufacturer coupons to make their hard-earned dollars go farther. Coupons should have an expiration date of January 1, 2025 or later and sorted into food, non-food, pet, and baby.

Food Pantry – Please help support our community by donating to the Parsippany Emergency Food Pantry. Any non-perishable food items are welcome. For a complete list of needed items go to www.parsippany.net/_Content/pdf/Food-Pantry.pdf

Food donations can be brought to our General Meetings. Please be sure to include the value of the donated items for reporting purposes. One of our club members will take the items from the general meeting to the food pantry.

Communication: Joan Garabino

Happy New Year everyone! NJSFWC is having A Social Media Workshop on **February 10, 2025**, at 7pm via Zoom. If you are interested register at rothstein@njsfwc.org.

March is Women's History Month and each year I try to post some quotes or write-ups about interesting women. This year the theme is "Moving Forward Together! Women Educating & Inspiring Generations. Is there a woman that has given you inspiration? I am looking for club members to send me some interesting quotes or write-ups that I can post on social media.

Don't forget to access our club website for information about club happenings.

Please continue to send pictures and descriptions of projects & events for me to post.

Federation: Marilyn Marion

Nine members attended the Highlands District Council on January 8th. We heard speakers regarding Arts Performing Day, Arts and Culture information, Fundraising, 2025 State Convention and, what I always enjoy is hearing about the different programs that all the clubs in our district hold. Karen Jeisi, the Highlands District President is going to compile a list of all the programs and distribute to all the Highland clubs. We just might find something on the list we would like to participate in. All in all, it was a very informational day. We will be hearing from our own chairman regarding each topic.

Be sure you have the following dates on your calendar: **March 12** is District Arts Performing, which will be in Madison. Yes, our club is participating. It is a daytime event, and it would be nice if we had some of our members in attendance to cheer us on. **April 9** is District Council/Achievement Day, which this year is being held at Hanover Manor. More information will follow. NJSFWC Convention is **May 4 -7**. In February the Convention call will be sent to us, so I will be able to get more information on the activities that will take place.

The State Honor Roll and Lilly Awards are presented to members at convention. The Honor Roll is for members prominent in club work. She stands out in all that she contributes to her club. The Order of the Lily is for a member already on the Honor Roll, who continues to go beyond her duties as a member of the Federation. If you would like to nominate a member of our club, please discuss with President Cathy Haney. Her name is kept a secret from the person being nominated and will be voted on by the Executive Board members.

If you have any Federation questions, please contact me.

Literature: Janet Reilly

Our next meeting is at Marilyn Marion's home on Tuesday, February 4th, at 1:00 PM. We are reading Crying In H Mart by Michelle Zauner. We currently have two openings in our literature group. If anyone is interested let me know.

Membership: 2nd Vice Presidents Janice Carrubba & Ginny Scala

Happy New Year to all! Hoping everyone has gotten off to a good start as we all begin 2025. Our Club surely has. At our January meeting we will be installing 3 ladies who have shown an interest in our Club. Please welcome Carmella Foehner, Audrey Heiman and Jill Rubenstein. Let's show them our true Club spirit and get to know one another.

Spelling Bee: Mary Ann Coyne

Our Spelling Bee was held Friday, January 10, 2025 at the PHHS auditorium. We had the pleasure of seeing hard working, determined and dedicated Fifth Grade contestants. They were so happy and excited to be there along with their parents, family and many Club members. There were 62 rounds and the winning word "elocution.

- First Place: Rishi Arvinth, Northvail School
- Second Place: Connor Xiang, Intervale School
- Third Place: Margaux Tobias, Knollwood School

We wish them well as they take their unparalleled blend of energy, excitement and knowledge to the District Bee which will be held on Saturday, **February 22nd** at the Assembly of God Church at 113 East Main Street in Rockaway (Borough) NJ.

Environment: Janet Reilly

I have received a check from GotSneakers on the first bag of sneakers I sent in. The money will be used for something pertaining to the environment when enough is collected. Another box of jeans was sent in to Zappos for good, Cotton's Blue Jeans Go Green. Thanks for all your contributions. One step at a time is good for the environment.

Operation Holiday Stockings: Eileen Healion

Christmas stockings will be collected at the January meeting, and be saved for next year.

Ways & Means: First Vice Presidents Chris Sinner and Mary Ann Coyne

We are inviting you, your family and friends to our next Dine to Donate at Verde Ristorante –1012 Tabor Road, Morris Plains, NJ 07950. The event will take place for **the entire month of February!** They are open from 4pm – 9pm. Gift card purchases will count towards the proceeds. You must present the flyer that will be sent to you shortly. Join us, come and relax and celebrate the day.

Cash for Causes will be up and running in February. Place your orders now; take advantage of this premium opportunity to help our Club by purchasing gift cards to Stop & Shop and ShopRite.

Education & Library: Betty Lagitch

January is the month we give many of our donations to the various organizations and projects. This is where the monies you help us raise from the Raffle and Education Fundraisers like the Beefsteak dinner and Tricky Tray are donated.

- Children & Teen Libraries at Parsippany and Lake Hiawatha \$750.
- Friends of the Library \$100
- Literacy Volunteers of Morris County \$100
- NJSFWC Women of Achievement \$25
- Parsippany Robotic Team \$250. Presenting what their team does in competition at our January Club meeting.

Friends of the Library: I would like to thank Jalini, Susan, Theresa Troiano and Kathy Schroeder for volunteering 275 hours at the library. Your time is very much appreciated.

Book Donations: Thank you to the many members who have donated 323 books to the Library and other organizations, but especially 285 children's books to Interfaith Food Pantry, Table of Hope, Morris County Headstart, Parsippany Day Care, Children's Library Parsippany, Lake Hiawatha & Mt. Tabor. Please continue to give me the number of books you donate and location in 2025.

Domestic Violence: Terry Gerber

JBWS was very busy with the Holiday Boutique! We gathered the donations and filled and organized the Holiday Boutique area. We created 35 bags of goodies for the clients with hand cream, lip gloss, hot chocolate mixes, specialty teas, Biscotti cookies and more! Whatever fit into the gift bags!

2025 looks to be a busy year! Many thanks to our volunteers. We couldn't do it without you. I know that Jayne and I are very grateful for your time, efforts and ideas! We will continue to collect snacks and drinks for the children. I will have a box labelled at the meetings.

Historian Scrapbook: Janice Carrubba

Wishing all of you Ladies a Happy and Healthy New Year. Our 2024 Scrapbook is almost finished. I just need to put all the pages in order and put them in the Scrapbook. I'm hoping to have it completed by our January 27th meeting so you can see it before it goes to NJSFWC Headquarters. Thank you to everyone who has had a hand in it whether it be taken or sending me photos, collecting items to go in it, coming to croppings, etc. A huge thank you once again to Ivy for doing a fantastic job with the cover. I know you will all love it. Remember to continue to take photos and collect items from different Woman's Club events you attend for our 2025 Scrapbook.

Programs: Lois Preis White

Chair Yoga was held at the library on the 21st of January. 10 members attended.

Because I like to keep busy, and you requested it, I have scheduled a NO-SEW BLANKET workshop benefiting Project Linus. We will be at the library, from 6:30 to 8:30 p.m. on **February 12th**. Please plan on joining us. It will be fun, fast moving and rewarding (all blankets made will be donated to Project Linus). I will email you with details of materials you need to bring with you.

Additional programs will include a nutritionist, and a workshop on the tech in your new car by AARP NJ Speakers Bureau. Stay tuned for more.

Arts and Culture: Ivy Ertle

Happy New Year!!

The year started off with an International Luncheon on January 14th at 12:30pm at La Plancha, a fairly new restaurant serving Latin food in Lake Hiawatha. Everyone enjoyed lunch and socializing.

We will continue with international meals throughout the peak of winter. Next up will be **February 18th** for a luncheon at Hunan Taste, 67 Bloomfield Ave in Denville. If interested in participating, please let Ivy (917-364-1607) know by February 4th. In keeping with years passed, in March we will have an Irish Dinner for St. Patrick's Day (a little early) hopefully (depending on availability) on **March 11th**. It will be held at the Dublin Pub located at 4 Pine Street, Morristown. If you want to come, please let Ivy know by February 25th. This place's reservations fill up fast since it reopened.

April 9th is the District's Achievement Day. More information will be available at January's General Meeting. If you can't be at the meeting, please contact Lois Preis-White for instructions and applications. The information is also available on the NJFWC website. Also in April, I am hoping to do a craft event at Cerbo's Nursery, some of the ideas included a plant or succulent project. This is still a work in progress, depending on Cerbo's schedule. Keep an eye out for more information.

The Barn Theater has set aside a block of 25 tickets for its Spring production of Bright Star. The musical was written by Steve Martin and his wife. The date is Sunday **May 18th** at 2:00 pm. The cost is \$25.00. We will also be going out to dinner afterwards. Location pending. If you are interested in going, please let Ivy know and payment will be due by March 24th. This will allow enough time to try and possibly get additional tickets if the response is overwhelming.

Legislation: Cathy Cerbo

Happy New Year! Let’s resolve to get our collective voices heard in 2025!

From our GFWC website: Zero national monuments are dedicated to the Women’s Suffrage movement. Congress has approved building such a monument; now they must act to locate the monument celebrating the 19th Amendment on the National Mall. It will be a physical reminder of the steadfast courage and dedication of the suffragists to achieve the right to vote for all Americans.

In 2020, Congress approved the establishment of a Women’s Suffrage National Monument but must take action now to guarantee its location on the National Mall. The House of Representatives passed the Women’s Suffrage National Monument Location Act (HR 1318) in November 2023. It is time for the Senate to enact this measure.

We have a voice and power in numbers! If you would like to contact our Senators on this matter, click on the link below for an electronic note to be sent to our US Senators.

I will send other topics of advocacy in future Patters.

[Get Involved - General Federation of Women’s Clubs](#)

January/February Birthdays

Nanda Sanichar	Jan 19
Jalini Mehta	Feb 20
Ann Claassen	Feb 21
Betsy Lowry	Feb 28



Health and Wellness: Shalini Mehrotra

Benefits of Citrus Fruits - Add some extra sunshine and warmth to your diet by eating more citrus fruits! Bright, colorful, fragrant, refreshing, and juicy, citrus fruits are not only delicious for their balanced tart and sweet taste, but they are also an essential part of everyday nutrition, packing powerful health benefits. Citrus fruits are rich in multiple nutrients such as vitamin C, flavonoids, and fiber which confer vascular protection, reduce inflammation, improve gastrointestinal function and health, and play an important role in preventing conditions like diabetes, cancer, neurological disease and most importantly support the immune system.

Please also know we are still collecting Jewelry for Eyes for Needy.

UPCOMING EVENTS

Fundraising Committee Mtg	January 23
January General meeting	January 27
Dine to Donate at Verde’s	all of February
Literature Meeting	February 4
Social Media Workshop	February 10
No Sew Blanket Making	February 12
International Lunch	February 18
District Spelling Bee	February 22
St Patrick’s Day Dinner	March 11
District Arts Performing	March 12
District Achievement Day	April 9
NJSFWC Convention	May 4-7
Bright Star at Barn Theatre	May 18

INTERNATIONAL LUNCH - JANUARY 14



SPELLING BEE - JANUARY 10



First Place: Rishi Arvinth; **Second Place:** Connor Xiang
and **Third Place:** Margaux Tobias

CHAIR YOGA - JANUARY 21



HIGHLANDS DISTRICT COUNCIL MEETING - JANUARY 8



DECEMBER 2024 GALLERY

HOLIDAY DINNER – DECEMBER 2



WREATH MAKING AT CERBO'S – DECEMBER 5



TREES FOR TROOPS AND WREATHS ACROSS AMERICA (12/5 AND 12/7)

