

Par-Troy Patter February 2025

womansclubofpth@gmail.org www.parsippanywomansclub.org



"Together in Service; United in Friendship" Barbara McCloskey, NJSFWC President

A Message from Our Club President Cathy Haney

We are wonderful! Whether doing fairly small projects like making blankets for Project Linus and baking and packing Valentine cookies for nursing home residents or planning a big fundraiser like our Bingo and Basket Raffle evening for **July 15**, our members always step up and get the job done well.

We have so many great events coming up soon! Time *marches* on, and so do we, to the beat of our enthusiasm and energy.

Cathy H

UPCOMING EVENTS



International luncheon	February 18
District Spelling Bee	February 22
St Patrick's Day Dinner	March 11
District Arts Performing Skit	March 12
AARP Speakers at Library	March 18
WCPTH Club dues due	March 30
District Achievement Day	April 9
NJSFWC Convention	May 4-7
Bright Star at Barn Theatre	May 18
Bingo and Basket Raffle	July 15

Highlands District: NJSFWC of GFWC: www.gfwc.org-www.njsfwc.org

Civic Engagement and Outreach: Susan Byrne

Coupons – Please continue to clip coupons to support our troops overseas. They are used to enhance the wellbeing of overseas and domestic military families by sending them manufacturer coupons to make their hardearned dollars go farther. Coupons should have an expiration date of January 1, 2025 or later and sorted into food, non-food, pet, and baby.

Food Pantry – Please help support our community by donating to the Parsippany Emergency Food Pantry. Any non-perishable food items are welcome. For a complete list of needed items go to

www.parsippany.net/Content/pdf/Food-Pantry.pdf.

Food donations can be brought to our General Meetings. Please be sure to include the value of the donated items for reporting purposes. One of our club members will take the items from the general meeting to the food pantry.

Communication: Joan Garabino

Please help me out - March is Women's History Month and each year I try to post some quotes or write-ups about interesting women. This year the theme is "Moving Forward Together! Women Educating & Inspiring Generations. Is there a woman that has given you inspiration? I am looking for club members to send me some interesting quotes or write-ups that I can post on Social Media. I look forward to hearing from more of you.

When sending pictures of events/projects please include some facts – the who, what, when, where, and why information. This helps me with posts, press releases, etc.

If you have a Facebook and/or Instagram account, please share the club posts. You never know what will attract our next new member.

Membership: 2nd Vice Presidents Janice Carrubba & Ginny Scala

Happy February! February is the shortest month and has always proven to be cold and snowy, and it has. Just a reminder you will receive an email about dues payment. Club dues are \$45 and due to Janice and Ginny by **March 30th**. Please make your check for \$45 payable to WCPTH. We will be collecting payments at our February 24 meeting, or you can mail a check to us in March.

Federation: Marilyn Marion

All members are welcome to attend the NJSFWC convention May 5th – 7th. This is an exciting time to learn more about the Federation and to meet your Federation sisters from all over the state of New Jersey. Here is a preview of what you can expect. The convention will take place at the Hard Rock Hotel, Atlantic City. The cost of the hotel is \$127.42 (this includes tax and tourism/ occupancy/ resort fees). There is a \$20.00 extra fee if there are two people in each room. The Registration fee is \$45.00, dinners will be \$75 for Monday and \$93 for Tuesday. Breakfast and lunch you will be on your own. Here is an example of the workshops that you can attend: Drum2Bfit, "Fun in Fundraising; Celebrate, connect and converse; "Stress Free Solutions;" also book discussions, a craft workshop entitled "All members are leaders and Let's take time to celebrate our successes."

I will be very happy to discuss this further with you. Joan Garbarino, Lois Preis White and I have been going for several years so they can also answer any questions you have. If you are interested in learning more, just give me a call.

Ways & Means: First Vice Presidents Chris Sinner and Mary Ann Coyne

Gathering for a social time and enjoying delicious food at Verde Ristorante has been a celebrated time. Remember that this fundraising event will continue through the end of February. The proceeds from this event will help us to make a difference in someone's world and gives us the opportunity to move forward inspired by each other.

Cash for Causes continues to draw great proceeds. You purchase gift cards for Stop & Shop and ShopRite from the Club at list price, and we earn a 5% profit from the sales. Our profits for this month amounted to \$187.50. You made this possible! Thanks a bunch!

Arts Performing: Janet Reilly

Please join us in Madison to cheer us on as we perform our "talented" skit. Date, **March 12**. Let me know if you will be coming as they provide refreshments and need to have a head count.

Environment: Janet Reilly

I sent in another bag of athletic sneakers. One box of jeans ready to ship. Keep them coming and out of the landfills.

Looking for ideas for a project for earth day in April.

Arts and Culture: Ivy Ertle

Hope everyone stays warm, as winter rears her true colors.

International meals continue with our upcoming luncheon **February 18th** at Hunan Taste.

In keeping with years passed, in March we will have an Irish Dinner for St. Patrick's Day (a little early) on **March 11th** at 6:30. It will be held at the Dublin Pub located at 4 Pine Street, Morristown. If you want to come, please let Ivy know by March 1st. Please note this dinner is ONLY for members. We have a limited number of seats available.

April 9th is the District's Achievement Day. The information is also available on the NJFWC website.

Also in April, I am hoping to do a craft event at Cerbo's Nursery, some of the ideas included a plant or succulent project. This is still a work in progress, depending on Cerbo's schedule. Keep an eye out for more information.

The Barn Theater has set aside a block of 25 tickets for its Spring production of Bright Star. The musical was written by Steve Martin and his wife. The date is Sunday **May 18th** at 2:00 pm. The cost is \$25.00. We will also be going out to dinner afterwards. Location pending. If you are interested in going, please let Ivy know and payment will be due by March 24th. This will allow enough time to try and possibly get additional tickets if the response is overwhelming. For our newer members this event is open to spouses and significant others.

Literature: Janet Reilly

Next meeting is at Lorraine Steinsberger's on **March 4**, at 1:00 PM. We will discuss the current book we are reading, Demon Copperhead by Barbara Kingsolver. Happy Reading - Janet

Education & Library: Betty Lagitch

Library Donations - To share with you once again and to say "thank you" for assisting us to be able to donate \$750. to the Teen, Lake Hiawatha and Parsippany Libraries. This enhances the educational and knowledge of the children and encourages the growth of individuals and the community.

Some of the items purchased were 2 Leap Frog Magic Adventure Globes that have video, Math Island board and Chess games which are all items to be taken home by the children.

Dr Seuss/Reading Across America - We will have a very busy March reading to the children at the Parsippany, Mt Tabor and Lake Hiawatha Libraries, Parsippany Day Care and Morris County Head Start. Club members have as much fun as the children as we dress up like Dr Seuss as we read many of his books!

Book Donations - Remember to send me the number of books you donate to any organization.

Programs: Lois Preis White

We will have a nutritionist at the February General Meeting. Her topic, cholesterol. Please arrive early and take your seats as she will begin immediately following the saying of The Collect and The Pledge of Allegiance to the Flag of the United States of America. Please wear red for Heart Month.

On **March 18th**, at 6:30 p.m., at the Main Library, a speaker from the AARP NJ Speakers Bureau will present a workshop entitled "Get Smart About New Vehicle Technology." This will be a "90-minute workshop offering an interactive way to stay up to date with the latest safety technology in your current or future car." Please plan on attending this very important workshop. You need to sign up at the library website. (The link will be available soon.)

Do you have an idea for a program you would like to see/hear? Let me know.

Historian Scrapbook: Janice Carrubba

I am collecting photos and any other items you think we can use in our scrapbook for 2025. Please remember to send photos to me. We will be having our first cropping in a couple of months.

Domestic Violence: Terry Gerber

We have been busy helping JBWS get ready for Distribution Day for clients. Setting up tables of canned food, snacks and other items.

We are ready for Valentine's Day activities on Tuesday 2/18/25 - making chocolate and dipping Oreos and pretzels.

JBWS would like to request our help to retrieve messages from the donation line.

This will be ideally "manned" by our Woman's Club. Jayne will do a short training for us. This is a very important part of JBWS! Especially preceding the holidays, there are many calls asking about donations. This can be done from your own home without Volunteer training at this time.

JBWS is SUCH a worthy cause. Hopefully we will have members sign up. I will explain more if needed, at the meeting.

Thank you all for continued donations of snacks, drinks, wipes, small packages of tissues, etc.

Legislation: Cathy Cerbo

Meet our State of New Jersey Legislators!

What to you know about our representatives in Trenton? Parsippany is in the 26th Legislative District. We have one State Senator, Joe Pennacchio, and two Assemblymen, Brian Bergan and Jay Webber. They have district offices and staffers with constituent services. These are "part-time" positions, and they all have "day jobs." In addition to serving on committees and voting as a body they can assist constituents with problems, provide information, etc.

Sen. Pennacchio is a dentist. He serves on the Joint Committee on Public Schools, Economic Growth and Legislative Oversight. Asm Bergen is a business owner and veteran. Her serves on the Commerce, Economic Development and Agriculture and Labor Committees. He is also the Minority Whip. Asm. Webber is an attorney. He is on the Appropriations and Financial Institutions and Insurance Committees.

Want more info? It's all at your finger<u>tips at:</u> <u>https://www.njleg.state.nj.us.</u> On that website you can search bills, Legislative schedules, etc., and find your legislator's contact information.

Health and Wellness: Shalini Mehrotra

February is American Heart Month - Everyone please wear RED at the Meeting 2/24.

When we take care of our hearts as part of our self-care, we set an example for others. During Healthy Heart Month It is a time to raise awareness about heart disease, the leading cause of death in the country. The goal of Heart Health Month is to empower people to take care of their hearts and reduce the burden of heart disease.

Regular screening and a healthy lifestyle can help reduce the risk of heart disease.

Also at the 2/24 meeting, at 6:30, we will have a Nutritionist speak on cholesterol and nutrition.

Spelling Bee: Mary Ann Coyne

As you know, our local Spelling Bee was held on January 10th. Now we have the pleasure of watching our 3 winners move on to the District Spelling Bee which will be held on **February 22nd** (snow date – March 1st)) at the Assembly of God Church at 113 East Main Street in Rockaway (Borough) NJ. The event begins at 10:00am. Join us and cheer our winners on to another victory!

February/March Birthdays

Jalini Mehta	Feb 20
Ann Claassen	Feb 21
Betsy Lowry	Feb 28
Diana Craig	Mar 9
Lorraine Steinsberger	Mar 15
Eileen Healion	Mar 25
Ginny Scala	Mar27







New members Audrey Herman, Carmella Foehner and Jill Rubenstein, shown with Janice Carrubba and Ginny Scala.

NEW MEMBER INSTALLATION - JANUARY 27

WCPTH HOSTED THE PARSIPPANY

ROBOTICS TEAM - JANUARY 27

LIBRARY DONATIONS



Items donated to the Parsippany, Teen and Lake Hiawatha Libraries. L to R, Rose Schulman, Director, Valerie Arnold, Lizzie Latham and Melissa Kims.

Fifteen students and two teachers from the Parsippany Robotics Team

came to our January meeting to explain how they created and built this robotic machine and demonstrated it for us.

FEBRUARY GALLERY

VALENTINE'S CHOCOLATES FOR JBWS



Members Terry Gerber and Terri Wohld made chocolate Valentine's for JBWS



VALENTINE'S COOKIES



Members baked Valentine's cookies for the Firemen's Home in Boonton and the Country Home in Morris Plains.