



# Par - Troy Matter February 2026



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[www.parsippanywomansclub.org](http://www.parsippanywomansclub.org)

*"Together in Service; United in Friendship"*  
Barbara McCloskey, NJSFWC President

### A Message from Our Club President Cathy Haney

At our **February 23 meeting**, we will start with a speaker from Spectrum360, the special education school to whom we donated gym equipment. Make sure to be there on time to hear this interesting presentation.

**Upcoming events:** Please try to attend the Performing Arts event on **March 11** to support our performers and have a great time! Let Ivy know if you want to join us at the Auld Shebeen on **March 19** for another great time. Plans are underway for our Tricky Tray at the PAL building on **July 14**.

Mark your calendars and see the details below.

Cathy H

### UPCOMING EVENTS

February General Meeting	Feb 23
Valentine's crafts Day for JBWS	Feb 24
Dine to Donate Event at Outback	Feb 24, 25, 26
Literature Club Meeting	March 3
Tricky Tray Committee Meeting	March 3
NourishNJ volunteer event	March 5
Highlands District Performing Arts Day	March 11
St Patrick's Day Luncheon	March 19
Highlands District Spring Conference	April 8
Price Fixed Menu Event at Outback	April 14, 15, 16
Highlands District GCI Orientation	April 19
Barn Theatre Spamalot play	May 17
Highlands District Council Mtg	June 10
Tricky Tray	July 14

### Civic Engagement and Outreach: Susan Byrne

**Valentine's Day** - 112 goodie bags were filled with delicious cookies and delivered to the Firemen's Home in Boonton. Thank you to everyone who baked, packed the cookies and made the delivery. This will bring a nice treat to the residents for Valentine's Day.

**NourishNJ** - The next volunteering event is scheduled for **March 5th** from 9am to 11am. Eight members will be attending.

**Nominating Committee** - The nominating committee is pleased to announce the slate of nominees for the Board Member positions for club years 2026 through 2028.

- Treasurer - Nanda Sanichar
- Secretary - Susan Byrne
- Co-2nd VPs (membership) - Jennifer Biondo and Diana Craig
- Co-1st VPs (ways & means) - Cathy Haney and Chris Sinner
- Co-Presidents - Marianne Burke and Ivy Ertle

Any nominees from the floor can be added at the February general meeting, and final voting will be taken at the March general meeting.

**Tricky Tray** -The PAL has confirmed **July 14, 2026** is available for our club to hold a Tricky Tray. The contract is in process. The next committee meeting will be held on Tuesday, **March 3rd** at 7pm at the Parsippany Police Station.

### Education & Library: Betty Lagitch

**Dr Seuss/Read Across America:** During the month of March, 14 members will be reading to children at the main Parsippany and Lake Hiawatha libraries, Morris County Headstart and Parsippany Day Care. We will be wearing accessories of Dr Seuss, donating books and having fun!

**Donating Books:** Remember to give me the number of books you donate to an organization.

### Advocates for Children: Karen Landrigan

150 card fronts were sent to St. Jude Children's Ranch and 4 packages (total weight of 12.25 ounces) of can tabs were collected and sent to Ronald McDonald House.

### Federation: Marilyn Marion

The General Federation of Woman's Club (GFWC) is offering a free learning Academy. This is an online training site offering numerous courses to meet our members' needs. Members seeking insight and training to advance their skill set and knowledge will find the training videos helpful as they continue their journey as a club member. You can build your technology toolkit, find finance details, membership guides, tools and resources for success. You can understand Parliamentary Procedures.

Surf the NJFWC Website under materials to find out how to participate in the learning process.

On another note: The Highlands District Spring Conference and Achievement Day on Wednesday, **April 8th** at The Hanover Manor in East Hanover. The cost is \$80.00, which includes a breakfast of danish, muffins, fruit, OJ, coffee & tea. Also included is a four-course lunch plus dessert. The program includes a keynote address from NJFWC President Barbara McCloskey, announcement of District Awards and Honor Roll, Order of the Lily recipients and announcements of the Achievement Day Gold Award winners. A sign-up sheet will be passed around at the General Meeting on February 23. Please bring your payment at that time. If you are unable to attend the meeting, please contact me to sign up.

ONCE MORE I WOULD LIKE TO REMIND ALL MEMBERS, WHEN ON EMAIL, DO NOT REPLY TO ALL EXCEPT WHEN THE SENDER ASKES YOU TO. IT'S NICE TO THANK A PERSON FOR CERTAIN THINGS, OR LET THEM KNOW YOU'RE ATTENDING AN EVENT, BUT WE ALL DO NOT HAVE TO KNOW ABOUT IT, JUST SEND A SEPARATE EMAIL. IT CLOGS OUR EMAILS.

### Historian Scrapbook: Janice Carrubba

Our 2025 Scrapbook is complete and heading down to NJFWC Headquarters to be voted on. Once again thank you everyone who had helped with the Scrapbook.

When I have enough items to do some pages, I will set a date for a cropping and will put it in the Patter. I will also send an email to all members. For now, please continue to send me photos, articles, etc. of events and any happenings that pertain to what our club is involved in.

### Membership: 2nd Vice Presidents Janice Carrubba & Ginny Scala

At our last meeting we installed two new members. Sandra Bothe is another golfer, traveler, author and speaker. Sandra believes strongly in the power of women coming together to serve and support the community. Loretta Viglione is looking for friendship while helping others in her retirement years. Both ladies were brought in by two of our members.

Information was sent out regarding payment of \$45 for upcoming dues. As you know, being a member of the Parsippany Woman's Club, we are part of a national Federation. It is up to us to learn about the Federation and participate whenever possible in helping on committees in our Club and also attending functions in our District to meet others and see what their Clubs are involved in. Once you begin to attend, faces become familiar. Our priority is a service organization working for the benefit of others. We also have fun!

If you can, please bring your dues to our next meeting or mail to Janice or Ginny before the middle of March so we can have everything finalized before April 1st. If you are not rejoining, please send an email to Janice or Ginny.

### Domestic Violence: Terry Gerber

All bags for Valentine's distribution were filled with personal items, such as lip balm, hand cream, nail polish etc. thanks to Teri Wohld, Theresa Troiano and Sandy Neglia. Thank you Ronnie Fagan for supplies for the bags!

Next day for Valentine's crafts is **Tuesday 2/24!**

Thank you all for your donations. We are still collecting snacks, drinks, cereals for the clients and families!

### Literature: Janet Reilly

Next meeting is at Nanda Sanichar's home, Tuesday, **March 3rd** at 1:00 PM. Nanda has arranged to have a local author come in to talk to us about her recent book and will give us a copy to read. If you do not plan to attend, let Nanda know and make arrangements to return our current read to me. Happy reading.

### Ways & Means: First Vice Presidents Chris Sinner and Mary Ann Coyne

Cash for Causes continues to be a very effective way for our Club to generate funds. Proceeds for February amounted to \$182.50. Take advantage of this premium opportunity to help our Club by purchasing gift cards for Stop & Shop or ShopRite through our Club.

Enjoying delicious food and relaxing has always been a tradition at Annabella's Restaurant. We did this in addition to having our proceeds amount to \$200 at our Dine to Donate Event. Thanks so much for your support. We are invited back there anytime we choose!

Save the date! Our next Dine to Donate Event will be at the Outback Steak House located at 1300 RT 46 West, Parsippany (973-257-4888). Dining dates are Tuesday, **February 24th**, Wednesday, **February 25th**, and Thursday, **February 26th**. Their hours are 11am – 10:00pm. Please note that no flyer is needed; however, you must mention that you are guests of the Parsippany Woman's Club for us to get credit towards the proceeds.

Lastly, a Price Fixed Menu Event is happening for us at the Outback on **April 14th, 15th, and 16th**. Our Club will sell tickets for \$25 each to dine at the Outback with their special fundraising menu. Outback asks for \$12.50 per meal to cover food costs, and we keep the rest. That's 50% profit. It includes an appetizer, choice of entrée, sides, dessert, unlimited soft drinks, coffee and tea. The printed menu will be emailed to you shortly. Tickets can be purchased at the February 23rd and March 27th General Meetings or anytime that is convenient for you. We can sell tickets right up to the event dates. The tickets are presented at one of the above dates, and you are good to enjoy (any additions to your meal will be an added fee along with the gratuity). Please make checks payable to the WCPTH. What a fun and easy way for our Club to raise money to accomplish the goals that we have set. We can make this an over-the-top event because we are unified, organized and focused to meet our objectives.

### Environment: Janet Reilly

I have tried to locate places to recycle plastic bags, etc. and the only stores mentioned were Trader Joes and Whole Foods. I take mine to ShopRite in Cedar Knolls. I would call or check to see if this, in fact, is true. Also, you might try Walmart. Still collecting athletic shoes.

### Arts and Culture: Ivy Ertle

In January, we tried a new craft...handknitting scarves. Everyone's came out great and was a great event socializing with fellow club members.

On February 12 we had a Galentine's Luncheon at Tommy's Tap and Tavern at 12:30. Very good service, good food and great conversations.

**March 19th** we will have our annual St Patty's dinner at Auld Shebeen at 6:30. Please let me know by March 14th if you will be attending. This is a pay your own way event. Significant others are welcome to join in.

In April we will probably have a crafting event. Further details to follow.

**May 17th** is the Barn Theater's presentation of SPAMALOT. This is a Sunday afternoon matinee at 2 pm. The tickets are \$25.00 each. Significant others are welcome. Please let me know as soon as possible if you are coming and how many is in your party. I currently have 5 more tickets. I will need the check made out to WCPTH by April 17th. Information regarding an optional dinner after the show will follow.

Suggestions for future events are always welcome. Feel free to email me at [ivyertle@gmail.com](mailto:ivyertle@gmail.com) or text at 917-364-1607. Please remember to sign your texts so I know who made the suggestions.

### Programs: Lois Preis White

We will have the Director of Spectrum 360 at our February General Meeting. Spectrum 360 is a non-profit leader in special education and adult services for people with autism and those with related challenges. Please arrive early and take your seats as she will begin immediately following the saying of The Collect and The Pledge of Allegiance to the Flag of the United States of America. Please wear red for Heart Month.

At our March general meeting we will have a representative from The New Jersey Sharing Network. The Sharing Network works to save and enhance lives through organ and tissue donation. Hear about lives saved because of the selflessness of others.

Do you have an idea for a program you would like to see/hear? Let me know.

### Legislation: Cathy Cerbo

Our new Governor has launched a constituent survey. If you would like to participate, the link is below. This is our opportunity to give feedback on areas where our state government is working well, needs improvement, could better communicate with us, etc.

[prod.simpligov.com](http://prod.simpligov.com)

### February is Heart Health Month

Even though heart disease is the No. 1 killer of women in the U.S., women often chalk up the symptoms to less life-threatening conditions such as acid reflux, the flu or normal aging. But the signs may not be obvious and might be confusing. Even when the signs are subtle, the outcomes can be deadly, especially if the person doesn't get help right away. Please be aware of the following signs and symptoms:

- Uncomfortable pressure, squeezing, fullness or pain in the center of your chest. It may last more than a few minutes or go away and come back.
- Pain or discomfort in: arms (one or both); back; neck; jaw; or stomach
- Chest pain or discomfort
- Shortness of breath with or without chest discomfort
- Upper back pressure that feels like squeezing or a rope being tied around you
- Other symptoms that are typically less associated with heart attack, such as: anxiety; shortness of breath; upset stomach; pain in the shoulder, back or arm; unusual tiredness and weakness; breaking out in a cold sweat; nausea; lightheadedness

Source: American Heart Association

### Upcoming Birthdays

	<b>February</b>
Dawn Gabriel	20
Jalini Mehta	20
Ann Claassen	21
Betsy Lowry	28
	<b>March</b>
Diana Craig	9
Eileen Healion	25
Ginny Scala	27

FEBRUARY GALLERY



Valentine's gift bags for JBWS included lip balm, hand cream, nail polish, Emory boards, candy and other goodies!



Galentine's Day lunch at Tommy's Tavern, 2/12/26



Members tried their hand at hand-knitting scarves



Members baked and packaged cookies for the Fireman's Home